

# VAPOR SERIES



TRUE FITNESS CARDIO:  
VAPOR SERIES

## BUILT FOR INTENSE WORKOUTS

Take your facility to the next level with the Vapor Series. Designed and built to withstand the toughest workouts, each piece provides users with the high-performance and unique features they demand to ensure they're pushed to their limits.

 TRUE FITNESS

# VAPOR SERIES USER AMENITIES



## **HIGH-PERFORMANCE**

Whether your facility caters to elite athletes or dedicated fitness enthusiasts, the Vapor Series meets the demands of high-performance workouts by ensuring each session is intense and effective.



## **UNIQUE FEATURES**

Set your facility apart with equipment that is like no other. Ranging from 30% incline on the Alpine Runner to total body training on the Spectrum, the Vapor Series will provide users with a unique and effective workout.



## **PREMIUM QUALITY**

Built to withstand the most rigorous workouts and offering best-in-class serviceability, the Vapor Series is designed to not only be durable but also easy to maintain for your facility.



## **MULTIPLE CONSOLE OPTIONS**

Ranging from the intuitive LED to a more robust 16" Touchscreen, Unite Consoles meet the needs of all users.





## STRYKER SLAT TREADMILL



The Stryker Slat Treadmill provides excellent durability thanks to its robust TRUE design and premium components. The hood-less design allows users of all sizes to utilize the full running surface with their natural gait pattern.

- + Requires less maintenance; no need for tracking adjustments, waxing, or flipping deck with slat system
- + Trouble-free serviceability with adjustable, full swivel castors and easy access to motor and electronics
- + Shock-absorbing slat design provides user extra cushion where feet impact
- + Max speed of 12mph and incline of 25% for high-performance training
- + 3 emergency stops for safety



## ALPINE RUNNER INCLINE TRAINER TREADMILL



The ultimate example of our commitment to excellence. Studies by an independent lab show the Alpine Runner Incline Trainer is more effective at burning fat and calories than standard treadmills.

- + Incline range of -3% to 30%
- + Patented incline system reduces motor wear and tear over time
- + Dual brake for reliable workout performance and safety
- + Vertical upper handgrips provide support at highest incline
- + Optional step available



## PALISADE CLIMBER



Offering premier safety features, best-in-class serviceability and versatile ease-of-use, our Palisade Climber has been crafted to be rich in experience for exercisers and easy to maintain for your facility.

- + One of the deepest steps in the industry with 217 sq. inches per step
- + AC motor for durability, low noise, and smooth motion
- + Step-up assistance with rear steps and integrated side pegs
- + Dual-braking system for extra safety

**TRUE FITNESS VAPOR SERIES**



## SPECTRUM ELLIPTICAL



One of the most versatile cardio machines on the market—a stepper, elliptical and runner all-in-one machine. The Spectrum Elliptical provides one of the largest adjustable strides in the industry and versatility for every user.

- + Core Drive® System
- + Electromagnetic eddy current brake
- + 13" to 30" adjustable stride
- + Soft step cushioned footpads
- + Ergonomic multi-grip handles



## XT-ONE



The cross trainer that does it all. The XT-One is an all-in-one machine that lets exercisers walk, run, hike or climb to target different muscles for customized effectiveness. Created with premium materials and innovative design, this elliptical will stand up to every workout while fueling performance and delivering results.

- + Combines adaptations of ellipticals and non elliptical modalities in one machine
- + Adjustable incline
- + Adjustable stride length
- + SmartStride® technology
- + Advanced training 30:30 and MMA
- + Workout Boosters



## LATERALX



Move in a different direction. Add new dimension and excitement to your cardio floor with the LateralX elliptical that delivers functional challenges, more muscle demands and high caloric burn – all in a space-efficient design.

- + Adjustable side to side and stepping motion
- + Adjustable lateral 3-D motion
- + Adds muscle confusion with 10 varying planes of motion
- + Great for sports, rehab and stability training, working the hips, thighs and glutes
- + Advanced Training and Workout Boosters

# CONSOLES



TRUE FITNESS CARDIO: CONSOLES

## TECHNOLOGY THAT'S THOUGHTFUL, FUNCTIONAL & INNOVATIVE

TRUE Fitness' suite of cardio consoles lets you customize your commercial fitness equipment to both your facility and your users.

Get the most out of your TRUE Fitness equipment with technology solutions that are tailored to both the facility and exerciser's wants and needs.

 TRUE FITNESS



## UNITE LED CONSOLE

With a sleek and streamlined design, our all new UNITE LED console offers an even more user-friendly interface and enhanced functionality, making it easier than ever for users to achieve their fitness goals.

- + Large LED display with intuitive navigation
- + 8 data points for detailed workout feedback
- + Dedicated message center
- + 10-key pin pad for easy set-up and data entry
- + 19 to 32 workouts (dependent upon equipment type)
- + Quick-access workout program keys
- + Self-generated (dependent upon equipment type)
- + EcoFit integration available



## UNITE 10" TOUCHSCREEN

For budget conscious facilities, the UNITE 10" Touchscreen provides the same vivid screen and improved performance and features, but on a smaller scale.

- + Vivid 10" screen with state-of-the-art UI
- + Enhanced speed and performance
- + Seamless connectivity to Apple Watch & Samsung Galaxy Watch wearables
- + Wireless charging for mobile devices
- + Wide selection of streaming and entertainment apps
- + Bluetooth® connection to heart rate straps, headphones and mobile devices
- + Wi-Fi, ANT+, and NFC compatibility
- + E-gym and EcoFit integration available



## UNITE 16" TOUCHSCREEN

Elevate your members' fitness experience with the UNITE 16" Touchscreen cardio console. With its advanced features and intuitive design, it's the perfect companion for achieving fitness goals with style and efficiency.

- + Vibrant 16" screen with state-of-the-art UI
- + Enhanced speed and performance
- + Seamless connectivity to Apple Watch & Samsung Galaxy Watch wearables
- + Wireless charging for mobile devices
- + Wide selection of streaming and entertainment apps
- + Bluetooth® connection to heart rate straps, headphones and mobile devices
- + Wi-Fi, ANT+, and NFC compatibility
- + E-gym and EcoFit integration available



**CONTACT US**

[sales@truefitness.com](mailto:sales@truefitness.com)  
1.800.426.6570

865 Hoff Road  
St. Louis, MO 63366

**TRUEFITNESS.COM**

