

PALLADIUM SERIES SELECTORIZED



TRUE FITNESS STRENGTH: PALLADIUM SELECTORIZED



STANDARD FEATURES

Standard paint finish is matte black with choice of 18 upholstery color options.



CUSTOMIZATION OPTIONS

Custom powder coat finish, custom upholstery color, and facility branding available upon request.



ENHANCED CONVENIENCE

Select models come with standard plate storage, offering convenience and efficiency in your fitness space.



PRECISE WEIGHT ADJUSTMENTS

Integrated adder weight system option reduces increments to 5 lbs / 2.2 kg.



Metal Shroud



Acrylic Shroud



SEATED LEG EXTENSION
SPL-0100



The Palladium Series SPL-0100 Seated Leg Extension features modern styling, precision biomechanics, and a comfortable, easy entry and exit design. This seated leg machine is easy to manipulate and is comfortable for all users. Adjustment points are accessible from the seated position and engineered to accommodate a wide range of users.

- + Height Adjustment Guide
- + Easy access phone cradle and accessory storage tray with cup holder
- + Integrated adder weight system reduces increments to 5 lbs/2.2 kg



SEATED LEG CURL
SPL-0200



Leg curl machines are a staple. They provide effective isolating and strengthening hamstring workouts that balance muscles and enhance lower body power. The SPL-0200 Seated Leg Curl machine is part of TRUE's signature Palladium Series, designed with precision biomechanics and user comfort in mind. Users can also explore a multitude of seat adjustment options to further enhance their workouts to suit their specific needs and elevate comfort.

- + Height Adjustment Guide
- + Easy access phone cradle and accessory storage tray with cup holder
- + Integrated adder weight system reduces increments to 5 lbs/2.2 kg



SEATED LEG PRESS
SPL-0300



Users of all levels, from novice to professional, will benefit from the advanced biomechanics of the Palladium Series SPL-0300 Seated Leg Press machine. This leg press weight machine is easy to use and offers lots of workout customizations, allowing users to cater their leg training to their skill, size, and needs. The adjustable back pad and a unique-to-TRUE adjustable foot platform accommodate a wide range of users and allow multiple foot and seated positions for added exercise variation.

- + Easy access phone cradle and accessory storage tray with cup holder
- + Integrated adder weight system reduces increments to 5 lbs/2.2 kg



INNER / OUTER THIGH
SPL-0400



Users of all levels from novice to professional will benefit from the advanced biomechanics of the Palladium Series SPL-0400 Inner and Outer Thigh machine.

- + Space and cost-efficient dual-function machine
- + 5-position adjustable back
- + Easily accessible adjustable cam



TRICEPS PUSHDOWN
SPL-0500



The Palladium Series SPL-0500 provides the perfect platform for isolating the tricep muscles, making it an effective training tool for muscle building and rehabilitation. This tricep gym machine features many beneficial biomechanics, such as dual handgrip positions with narrow and wide handle options and a seat angled to maintain body position when using heavyweights.

- + 8 different seating positions that are adjustable while seated or standing
- + Premium grade linear bearings and gas cylinders that provide stability and low friction adjustments
- + 20-degree fixed angle contoured back pad for added support and proper alignment during exercise



SEATED BICEPS CURL
SPL-0600



The Palladium Series SPL-0600 Seated Biceps Curl machine can give your gym members an efficient, customizable, and comfortable bicep workout that aligns with their goals and enhances their exercise experience.

- + 8-position seat adjustable while seated or standing uses premium grade linear bearings and gas cylinder assist for stable, low friction adjustments
- + Dual cam design allows each arm to operate independently for bilateral or unilateral training
- + Handles swivel to accommodate a wide range of users without the need for additional adjustments



SEATED SHOULDER PRESS
SPL-0700



The Palladium Series SPL-0700 Seated Shoulder Press machine is the perfect piece of equipment for full-range, upper-body strength training. Every aspect of this seated shoulder press machine's design maximizes workout customizability and effectiveness. The machine's TRUE adjustable back pad with four adjustable positions allows users to choose the range of motion best suited to their individual needs by changing horizontal hand position relative to the shoulder.

- + Height Adjustment Guide
- + Easy access phone cradle and accessory storage tray with cup holder
- + Integrated adder weight system reduces increments to 5 lbs/2.2 kg



DELTOID RAISE
SPL-0800



Users of all levels from novice to professional will benefit from the advanced biomechanics of the Palladium Series Deltoid Raise.

- + 8-position seat
- + Independent arm movement
- + Counterbalanced press arms provide user-friendly low starting resistance
- + Ergonomically designed handles



CHEST PRESS
SPL-0900



Dual overhead pivots on the Palladium Series Chest Press allow handles to travel in a slight upward motion for maximum muscle recruitment while unilateral press arms converging at 25 degrees in front of the user and an adjustable back pad allow full articulation of the shoulder complex.

- + 8-position seat adjustable while seated or standing uses premium grade linear bearings and gas cylinder assist for stable, low friction adjustments
- + Unilateral press arms converge at 25 degrees in front of the user resulting in full articulation of the shoulder complex



PEC FLY/REAR DELT
SPL-1000



The dual function Palladium Series Pec Fly/Rear Delt features modern styling, precision biomechanics and a comfortable easy entry and exit design. Adjustment points are accessible from the seated position and engineered to accommodate a wide range of users.

- + 8-position seat adjustable while seated or standing uses premium grade linear bearings and gas cylinder assist for stable, low friction adjustments
- + 8-position dual cams include 4-positions for Rear Deltoid and 4-positions for Pec Fly



LAT PULLDOWN
SPL-1100



Featuring unilateral arms that diverge at 17.5 degrees per side, the Palladium Series Lat Pulldown allows full articulation of the shoulder complex in a comfortable, user-friendly easy entry and exit design.

- + 8-position seat adjustable while seated or standing uses premium grade linear bearings and gas cylinder assist for stable, low friction adjustments
- + Unilateral arms diverge at 17.5 degrees per side resulting in full articulation of the shoulder complex



SEATED ROW
SPL-1200



Unilateral arms that diverge at 11 degrees with trailing link handles and rotating grips make the SPL-1200 Palladium Series Seated Row the perfect choice for all users from novice to professional. The center grip provides stability during one-arm rows while the adjustable chest pad comfortably accommodates a wide range of users.

- + 8-position seat adjustable while seated or standing uses premium grade linear bearings and gas cylinder assist for stable, low friction adjustments
- + Unilateral arms diverge at 11 degrees resulting in full articulation of the shoulder complex



LOW BACK EXTENSION
SPL-1300



Users of all levels, from novice to professional, will benefit from the advanced biomechanics of the Palladium Series Low Back Extension.

- + Adjustable Foot Platform
- + Adjustable Start Range
- + Ergonomically Designed Handles And Support



ABDOMINAL CRUNCH
SPL-1400



Users of all levels from novice to professional will benefit from the advanced biomechanics of the Palladium Series Abdominal Crunch.

- + Dual Pivot Design
- + Low Profile Design
- + Shin Pad Adjustment



ROTARY TORSO
SPL-1500



Users of all levels from novice to professional, will benefit from the advanced biomechanics of the Palladium Series Rotary Torso.

- + Adjustable Seat While Seated Or Standing
- + Bottom Pivot Design And Precise Ergonomics
- + 12-Position Adjustable Cam
- + Ergonomic Handles



ROTARY CALF
SPL-1600



GLUTE PRESS
SPL-1700



Users of all levels from novice to professional will benefit from the advanced biomechanics of the Palladium Series Rotary Calf.

- + 10-position seat back adjustable while seated or standing uses premium grade linear bearings and gas cylinder assist for stable, low friction adjustments
- + Seated position displaces force over hips versus shoulders and reduces spinal compression
- + Oversized foot platform curved for comfort and exercise variation
- + Ergonomically designed handles provide support and encourage proper alignment during exercise

Users of all levels from novice to professional will benefit from the advanced biomechanics of the Palladium Series Glute Press.

- + 8-position adjustable torso pad and contoured dual hand grips for proper body alignment and support during exercise
- + Offset pivot axis accommodates a wide range of users without the need for additional adjustments
- + Upright and open design provides a comfortable exercise position and eases entry and exit of the machine



HORIZONTAL LEG CURL
SPL-1800



Users of all levels from novice to professional will benefit from the advanced biomechanics of the Palladium Series Horizontal Leg Curl.

- + 8-position ankle pad accommodates a wide range of users
- + 10-position start range limiter allows users to choose a range of motion best suited to their individual needs
- + 15° chest pad and 30° thigh pad reduces low back stress
- + Elbow pads with ergonomically designed handles provide support and encourage proper alignment during exercise



HIP THRUSTER
SPL-2000



Users of all levels from novice to professional will benefit from the advanced biomechanics of the Palladium Series Hip Thruster.

- + 6-position torso pad with gas cylinder assist accommodates a wide range of users
- + The back pad pivots throughout the entire range of motion to encourage maximum hip extension
- + Oversized foot platform with non-skid surface for exercise variation
- + Ergonomically designed handles provide support and encourage proper alignment during exercise



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