

# FUSE XL SERIES



TRUE FITNESS STRENGTH:  
FUSE XL SERIES

## PERFORMANCE TO MEET YOUR BUDGET

A modern and comprehensive strength-conditioning system designed to meet the space, budget, and performance demands of today's commercial fitness facilities. The user-friendly features and performance will appeal to a wide variety of users.

# FUSE XL SERIES USER AMENITIES

## ✓ HEIGHT ADJUSTMENT GUIDE

This innovative feature guides users to setting the seat based on their height. Once determined on one machine, it is consistent across the entire circuit.

## ✓ USER-FRIENDLY FEATURES

The 4-bar linkage seat adjustments, with gas cylinder assist, ensure smooth transitions between various positions. Meanwhile, users benefit from comfort features, including accessory tray with a cup holder and towel holder.

## ✓ SPACE-EFFICIENT DESIGN

Featuring easy entry and exit designs and a space-efficient footprint, FUSE XL optimizes space while maintaining functionality.





**LEG EXTENSION**  
FUSE-0100



Intuitive adjustments including 4-position start range limiter and multiple position back and ankle pad assemblies accommodate a wide range of users.

- + 5-position seat uses four-bar linkage with gas cylinder assist
- + 20° fixed angle contoured back pad provides support and proper alignment during exercise
- + Ergonomically located handles with contoured grips for proper user support and alignment



**SEATED LEG CURL**  
FUSE-0200



7-position start range limiter and multiple position thigh, ankle, and back pads provide comfort and a precise fit for a wide range of users.

- + 5-position seat uses 4-bar linkage with gas cylinder assist
- + 4-position thigh pad assembly accommodates a wide range of users
- + Ergonomically located handles with contoured grips for proper support



**LEG PRESS**  
FUSE-0300



Easy entry and exit adjustable seat assembly is angled 20 degrees and features a 3-position back pad for greater hip extension.

- + 9-position seat assembly adjusts easily using ergonomically designed paddle handle
- + Large molded platform angled at 10° maximizes hip extension while maintaining neutral ankle position
- + Low profile open frame design allows for easy entry and exit



**INNER/OUTER THIGH**  
FUSE-0400



The FUSE-0400 Inner/Outer Thigh machine is a space and cost-efficient addition to the FUSE-XL line, serving a dual function to exercise both adductor and abductor muscles.

- + Pivoting contoured leg pads provide comfort and allow for easy transition between movements
- + Dual rubber covered foot posts provide support
- + Weight stack located in front of user for privacy, space efficiency, and ease of selection



**BICEPS CURL**  
FUSE-0600



Unique offset pivot design allows users to choose the range of motion best suited to their individual needs while the integrated curl bar offers multiple grip options.

- + 5-position seat uses 4-bar linkage with gas cylinder assist for stable, low friction adjustments
- + Unique offset-pivot design and counterbalanced arm assembly allow user to choose the range of motion
- + Integrated towel holder and accessory tray with cup holder



**SHOULDER PRESS**  
FUSE-0700



Standard and neutral grips combine with a 3-position adjustable back pad and independent converging press arms to provide true unilateral movement through a complete range of motion for greater muscle recruitment and a more efficient workout.

- + 5-position seat uses 4-bar linkage with gas cylinder assist for stable, low friction adjustments
- + Unilateral arms converge to maximize articulation of the shoulder
- + Integrated towel holder and accessory tray with cup holder



**DELTOID RAISE**  
FUSE-0800



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Independently-operating dual press arms allow users to bilaterally or unilaterally train deltoid, trapezius and supraspinatus muscles.

- + 5-position seat uses four-bar linkage with gas cylinder assist for stable, low friction adjustments
- + Seat and chest pads angled 5 degrees for proper ergonomics and support
- + Integrated towel holder and accessory tray with cup holder



**CHEST PRESS**  
FUSE-0900



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Three position hand grips and independent converging press arms provide true unilateral movement through a complete range of motion for greater muscle recruitment and a more efficient workout.

- + 5-position seat uses four-bar linkage with gas cylinder assist for stable, low friction adjustments
- + Unilateral arms converge to maximize articulation of the shoulder and allow for a complete range of motion
- + Integrated towel holder and accessory tray with cup holder



**PEC FLY/REAR DELT**  
FUSE-1000



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Space efficient dual function design features seven adjustment positions, angled hand grips, and pivoting exercise arms to accommodate a wide range of users.

- + 5-position seat uses four-bar linkage with gas cylinder assist
- + Dual-position handles with angled grips pivot to replicate dumbbell movements
- + Weight stack conveniently located for easy access and to minimize floor space requirements
- + Integrated towel holder and accessory tray with cup holder



**LAT PULLDOWN**  
FUSE-1100



Our FUSE-1100 Lat Pulldown machine features diverging arms operate independently through a complete range of motion resulting in greater muscle recruitment and a more efficient workout.

- + 5-position seat uses four-bar linkage with gas cylinder assist for stable, low friction adjustments
- + 5-position thigh pad accommodates wide range of users
- + Unilateral arms diverge to maximize articulation of the shoulder and allow for a complete range of motion



**SEATED ROW**  
FUSE-1200



Unique rotating handles combine with independent diverging arms to provide unilateral movement through a complete range of motion for greater muscle recruitment and a more efficient workout.

- + 5-position seat uses four-bar linkage with gas cylinder assist for stable, low friction adjustments
- + 8-position chest pad accommodates wide range of users
- + Handles rotate freely for exercise variation



**LOWER BACK EXTENSION**  
FUSE-1300



This FUSE-1300 Lower Back Extension machine is high-quality and will help your clients achieve their goals. This easy entry and exit machine include innovative features for proper alignment and support during exercise.

- + 4-position adjustable roller pad and angled lumbar pad
- + Dual-position foot rests provide torso stabilization for a wide range of users
- + Low seat frame and open design for ease of entry and exit of the machine
- + Integrated towel holder and an accessory tray with cup holder



**ABDOMINAL**  
FUSE-1400



Easy entry and exit design allows for pelvic stabilization and enhanced isolation of the abdominal region.

- + 5-position seat uses four-bar linkage with gas cylinder assist
- + 4-position adjustable roller pad with dual hand grips allows users to determine range of motion
- + Contoured lumbar pad encourages pelvic stabilization and abdominal isolation
- + Low seat frame and open design



**TRICEPS PUSHDOWN**  
FUSE-1500



This Triceps Pushdown machine comes with dual position press arms that allow users to choose a narrow or wide grip. The angled back pad accommodates a wide range of users and provides support during exercise.

- + 5-position seat uses four-bar linkage with gas cylinder assist for stable, low friction adjustments
- + 20° fixed angle contoured back pad provides support and proper alignment during exercise
- + Handles easily adjust between wide and narrow positions



**ROTARY TORSO**  
FUSE-1700



A low-seated frame and cushioned seat make the FUSE-1700 Rotary Torso machine not only accessible but comfortable. Rotate at the lumbar spine while engaging hip flexors and upper back muscles simultaneously.

- + An 11-point easy adjustment handle to a customized range of motion from a seated position
- + Angled hip and thigh pads eliminate low body torque and encourage spinal alignment
- + Comfortable roller pads and angled grip handles for proper support



**HORIZONTAL LEG CURL**  
FUSE-1800



Designed with a raised angle between the chest and thigh pads reduce lower back stress while using, users can adjust resistance easily.

- + Chest and thigh pads angled at 15° for proper alignment during exercise movements
- + 5-position ankle pad to accommodate a wide range of users
- + Heavy-duty pivot arm assembly with sealed bearings off-set for easy entry and exit of the machine
- + Ergonomically located handles with contoured grips to provide more support during exercise



**WEIGHT-ASSISTED CHIN-DIP**  
FUSE-4000



For safe and efficient chin dips, exercisers require a stable, reliable, and strong contraption to support their weight and allow for ease of movement. The TRUE FUSE-4000 Weight-Assisted Chin Dip machine offers just that—a modern styling and high-quality construction for superior movements that enhance chin dips.

This assisted dip machine is designed to meet the demands of today's commercial fitness facilities and is the perfect complement to any selectorized circuit. Plus, this chin dips machine equalizes body weight, providing a strong and supportive structure for safer workouts.

- + Step-By-Step exercise chart with easy-to-follow user instructions
- + Multi-position chin bar and pivoting dip handles for variation
- + Retracting foot platform for bodyweight exercises





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