

TRUE FITNESS CARDIO: APEX SERIES

TRUE DURABILITY WITH SLEEK AESTHETICS

Introducing the new Apex Series: our premium cardio line, crafted with over four decades of precise engineering experience. This series boasts a sleek aesthetic and robust design, embodying the seamless fusion of TRUE engineering, style, and durability. Elevate your users' fitness journey with the precision, sophistication, and lasting durability that define the Apex Series.



APEX SERIES USER AMENITIES



FEEL THE DIFFERENCE

The ultimate choice for users seeking unparalleled performance and comfort. The Apex Treadmill features TRUE FITX, an integrated suspension system designed to provide users with a better running experience.



ROBUST DESIGN

Precision-engineered and robust, the Apex Series' durable components will withstand rigorous use, high-intensity workouts, and performance training for years.

MODERN AND POWERFUL AESTHETIC

With a sleek aesthetic and modern design, the Apex Series is perfectly suited for both high-end and high usage facilities.

MULTIPLE CONSOLE OPTIONS

Ranging from the intuitive LED to a more robust 16" Touchscreen, Unite Consoles meet the needs of all users.

TRUE FITNESS APEX SERIES







APEX TREADMILL

🚄 T R U E

Elevate your running experience with our Apex Treadmill, designed to deliver the perfect blend of intense performance and unparalleled comfort. Engineered with precision and powered for optimal results, its robust components are constructed to withstand rigorous use, high-intensity workouts, and performance training over the years.

- + 17.0 MPH (27 KPH) max speed
- + 18% max incline, -3% with optional decline kit
- + HRC Cruise Control® and FITX System
- Maintenance-free Waxed/Reversible Deck
- + Continuous 5hp motor

APEX ELLIPTICAL

🚄 T R U E

Engineered with precision and powered for optimal results, the Apex Elliptical is built to withstand rigorous use, high-intensity workouts, and performance training over the years. The Apex Elliptical features TRUE's Core Drive® System, which promotes superior balance, stability, and comfort.

- + Space efficient, small footprint
- + Core Drive® System
- + Cardio 360™ Total Body Workout
- + Hybrid Self-Generating Brake
- + 21" stride length
- + Self-generating capability (LED console only)
- + Dual Stage System

APEX UPRIGHT BIKE

TRUE

It's all in the details with the Apex Upright Bike. With sleek styling and small footprint, combined with TRUE's quality and durability, this bike is sure to be a facility favorite. Featuring a low step-over height and 15-position ergonomic and cushioned seat, users of all ages and fitness levels can enjoy a smooth, comfortable ride.

- + Self-generating capability (LED console only)
- + Single Stage Drive System
- + 3-Piece Crank System for easier maintenance
- + 30 resistance levels

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APEX RECUMBENT BIKE

🚄 T R U E

The Apex Recumbent Bike combines the features of a standard recumbent bike with additional benefits, all within a space-efficient and compact design. The Apex Recumbent Bike offers self-generating capabilities, quickaccess controls, and multiple training settings to explore and customize workouts. Featuring an easy, step-through design and 25-position ergonomic and cushioned seat, users of all ages and fitness levels can enjoy a smooth, comfortable workout.

- + Self-Generating Capability (LED console only)
- + Single Stage Drive System
- + 40-600 Watts Workload Range



APEX CROSS TRAINER

🚄 T R U E

Designed based on precise human biomechanics, the Apex Cross Trainer delivers comfortable natural movement and flow, both forward and backward. With Multi-Grip handlebars, users can target different upperbody muscles simply by changing the grip; and Converging Path handlebars follow the natural path of the arms when walking or running.

- + Electronically adjustable stride from 20"- 28"
- SmartStride® technology
- + Close pedal spacing
- + Low step-up height
- + Advanced training 30:30 and MMA



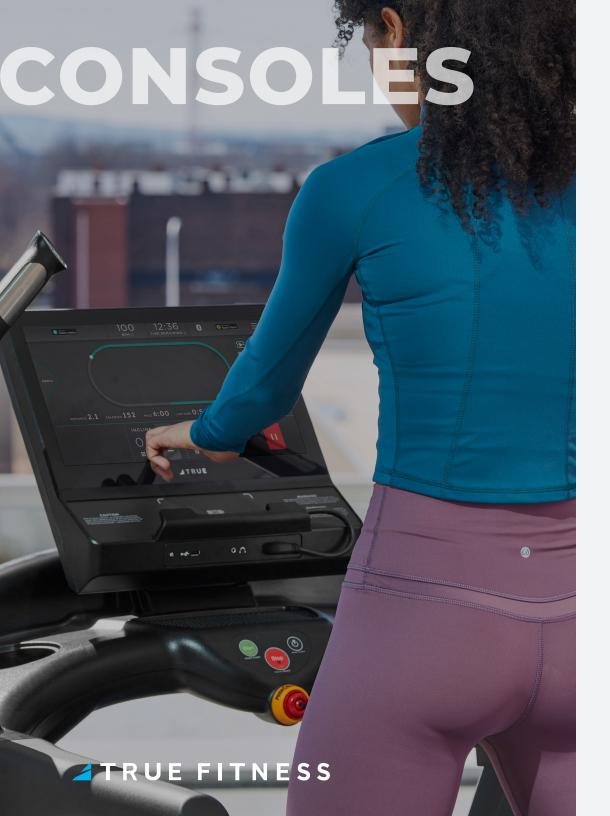
APEX RECUMBENT ELLIPTICAL

TRUE

With its advanced and innovative design, the Apex Recumbent Elliptical allows users to reap the benefits of an elliptical workout while remaining seated. The recumbent seating reduces strain on the back and joints while also providing a low-impact workout, suitable for all ages and fitness levels.

- + Comfortable swivel seat
- + Step-through design
- + Upper/Lower Body Isolation
- Power Stroke Technology
- + Active Seat Position for optimal comfort

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TRUE FITNESS CARDIO: CONSOLES

TECHNOLOGY THAT'S THOUGHTFUL, FUNCTIONAL & INNOVATIVE

TRUE Fitness' suite of cardio consoles lets you customize your commercial fitness equipment to both your facility and your users.

Get the most out of your TRUE Fitness equipment with technology solutions that are tailored to both the facility and exerciser's wants and needs.

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UNITE LED CONSOLE

With a sleek and streamlined design, our all new UNITE LED console offers an even more user-friendly interface and enhanced functionality, making it easier than ever for users to achieve their fitness goals.

- + Large LED display with intuitive navigation
- + 8 data points for detailed workout feedback
- + Dedicated message center
- + 10-key pin pad for easy set-up and data entry
- + 19 to 32 workouts (dependent upon equipment type)
- + Quick-access workout program keys
- + Self-generated (dependent upon equipment type)
- + EcoFit integration available



UNITE 10" TOUCHSCREEN

For budget conscious facilities, the UNITE 10" Touchscreen provides the same vivid screen and improved performance and features, but on a smaller scale.

- + Vivid 10" screen with state-of-the-art UI
- + Enhanced speed and performance
- Seamless connectivity to Apple Watch & Samsung Galaxy Watch wearables
- + Wireless charging for mobile devices
- + Wide selection of streaming and entertainment apps
- + Bluetooth® connection to heart rate straps, headphones and mobile devices
- + Wi-Fi, ANT+, and NFC compatibility
- + E-gym and EcoFit integration available



UNITE 16" TOUCHSCREEN

Elevate your members' fitness experience with the UNITE 16" Touchscreen cardio console. With its advanced features and intuitive design, it's the perfect companion for achieving fitness goals with style and efficiency.

- + Vibrant 16" screen with state-of-the-art UI
- + Enhanced speed and performance
- + Seamless connectivity to Apple Watch & Samsung Galaxy Watch wearables
- + Wireless charging for mobile devices
- + Wide selection of streaming and entertainment apps
- + Bluetooth® connection to heart rate straps, headphones and mobile devices
- + Wi-Fi, ANT+, and NFC compatibility
- + E-gym and EcoFit integration available

TRUE FITNESS CONSOLES

TRUE FITNESS

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REV 9-3-2024

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