



## G576R RECUMBENT CYCLE

SportsArt ECO-POWR™ line is the embodiment of design, technology, sustainability, and cardiovascular excellence. The sleek angles and premium features combine with state of the art energy generating technology to produce the most engaging workout users can feel good about. The G576R Recumbent Cycle features an easy step-through design, adjustable seat and backrest, and multiple resistance adjustment points with both fingertip and toggle controls.

## **KEY FEATURES**

- Integrated ECO-POWR<sup>™</sup> technology converts human power into usable electricity
- · Horizontal seat adjustment
- · Adjustable backrest
- Fingertip controls and toggle for easy resistance adjustment



TECHNICAL DETAILS	
Unit Weight	261.8 lbs / 119 kg
Dimensions (LxWxH)	69 x 26 x 54.8 in / 175.2 x 66 x 139.2 cm
Resistance	Levels 1–40
Power Requirements	110v / 60 Hz   220v / 50 Hz
Plug Requirements	NEMA / 5-15p*
Max User Weight	500 lbs / 227.3 kg
Readouts	Heart Rate, Your Grid Wh, Target Grid Wh, Weight Loss Zone, Time, Distance, Resistance, Calories, Speed, RPM, Mets, Cal/Hour, Instant Watts to Grid
Workout Program	Manual, Random, Interval, Plateau, Fat Burn, Fit Test, Weight Loss, Cardio, Custom Heart Rate
Features	ECO-POWR™ integrated inverter Generate up to 250 Watt-hours Console toggles and fingertip controls for easy resistance adjustment Seat and backrest adjustment 3-speed fan
Optional Features	SA WELL+™ Integration



