

DF208 MULTI PRESS

The SportsArt Dual Function Strength Series is uniquely engineered to offer training on multiple muscle groups per station without compromising range of motion or user experience, making them ideal for smaller spaces.

KEY FEATURES

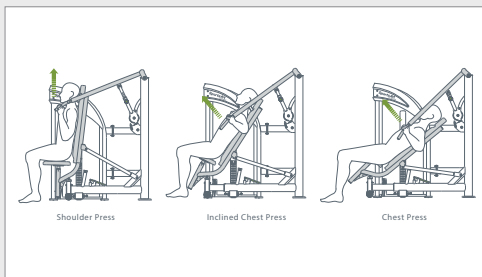
- Multi-position grip for improved biomechanics
- Adjustable starting position targets different muscle groups
- Plate increments: 20 x 11 lbs (5 kg)
- Innovative slide-out seat offers multiple lifting positions



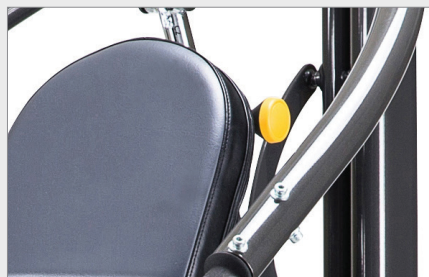
TECHNICAL DETAILS

Unit Weight	497 lbs / 226 kg
Dimensions (LxWxH)	55.7 x 58 x 65 in / 1414 x 1475 x 1654 mm
Weight Stack	220 lbs / 100 kg
Max User Weight	500 lbs / 227 kg
Starting Weight	20 lbs / 9 kg
Features	5 inch deep groove POM pulleys provide consistent cable tracking 14-gauge machine welded frame Stainless steel guide rods resist rust and maintain smooth operation Heavy-duty marine grade cushions Multiple adjustment points for maximum customization

NOTABLE DETAILS



Dual Function Series allows users to work at least 2 major muscle groups per machine maximizing both space and convenience



Back rest adjustment knob easily changes angle for shoulder press, incline chest press and chest press exercises



Stacks feature sound dampeners and magnetized selector fork for maximum stability