

# DF207

## ASSISTED CHIN UP TRICEP DIP

The SportsArt Dual Function Strength Series is uniquely engineered to offer training on multiple muscle groups per station without compromising range of motion or user experience, making them ideal for smaller spaces.

### KEY FEATURES

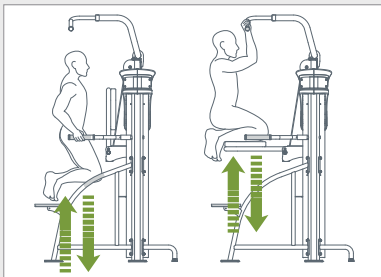
- Fold-away assist pad to offset user weight
- Rotating dip handles for width adjustment
- Plate increments: 20 x 11 lbs (5 kg)
- Integrated step assists for safety and user accommodation



### TECHNICAL DETAILS

<b>Unit Weight</b>	474 lbs / 215.5 kg
<b>Dimensions (LxWxH)</b>	49.8 x 41.5 x 86.4 in / 1335 x 1110 x 1930 mm
<b>Weight Stack</b>	220 lbs / 100 kg
<b>Max User Weight</b>	500 lbs / 227 kg
<b>Starting Weight</b>	14 lbs / 6.5 kg
<b>Features</b>	<p>5 inch deep groove POM pulleys provide consistent cable tracking</p> <p>14-gauge machine welded frame</p> <p>Stainless steel guide rods resist rust and maintain smooth operation</p> <p>Heavy-duty marine grade cushions</p> <p>Multiple adjustment points for maximum customization</p>

### NOTABLE DETAILS



Dual Function Series allows users to work at least 2 major muscle groups per machine maximizing both space and convenience



Integrated weight assist platform offsets the users body weight while doing dips or pull-ups, maximizing reps and reducing fatigue



Stacks feature sound dampeners and magnetized selector fork for maximum stability